PLANTS & TREES

PLANTS AND TREES ABSORB AND STORE CARBON DIOXIDE WHILE GIVING BACK OXYGEN FROM SUNLIGHT.

Trees and plants are vital. As the biggest plants on the planet, they give us oxygen, store carbon, stabilize the soil and give life to the world's wildlife. They also provide us with the materials for tools and shelter. Trees provide us with oxygen that we need to breathe to live. Our body breathes in oxygen and we breathe out carbon-dioxide.

Trees do the opposite; they breathe in carbon dioxide and release oxygen. In this way, trees make sure that we have pure oxygen to breathe without which we cannot live. Trees absorb carbon dioxide and potentially harmful gasses, such as sulfur dioxide, carbon monoxide, from the air and release oxygen. One large tree can supply a day's supply of oxygen for four people.